

menu of treatments

# Where relaxation is more than just a state of mind

Welcome to The Spa at Choctaw Casino & Resort-Durant, where relaxation is more than just a state of mind. Step into our retreat to relax, restore and revive from the outside world. Immerse yourself in luxury and unwind with our spa amenities featuring steam rooms, lounges for both couples and individuals and a tranquil whirlpool escape. Experience our menu of treatments designed to transform and rebalance from the inside out.



massages

All massage treatments provide tension release, stress reduction, circulation enhancement and overall wellness. All treatments include a consultation to focus on areas of need. Treatments are performed by both male and female therapists. If you have a gender preference, please specify during booking.

#### choctaw essential massage

60 min. - \$135 | 90 min. - \$190

Our traditional full-body, Swedish-based massage to ease tension and increase circulation, providing muscle relief to encourage an overall well-being.

#### deep therapeutic

60 min. - \$150 | 90 min. - \$205

Take your massage to the next level by gradually working the deeper layers of the muscle with customized techniques to relieve deep-seated tension.

#### ayurvedic abhyanga

60 min. - \$145

This time-proven Ayurvedic massage focuses on delivering warm, therapeutic oil with long rhythmic strokes into the deep layers of the skin, eliminating toxins and revitalizing the entire being.

#### healing stone therapy

60 min. - \$145 | 90 min. - \$200

The Himalayan salt stone massage brings together Eastern medicine, Swedish massage, thermal and salt therapies. This full-body treatment promotes increased blood flow and energy balance.

## mom-to-be massage

60 min. - \$145

A gentle, relaxing way to soothe tension and relieve stress during this sacred time. Specifically designed to meet the needs of the mother-to-be outside the first trimester of pregnancy.

# renewal massage

90 min. - \$195

This personalized, intuitive massage takes on its own rhythm and flow, creating a stress-free spa experience. Choose from a light to firm pressure as well as control the sounds and scents that surround you. This full-body aromatherapy massage with essential oils incorporates warm compress, Himalayan salt stones and finishes with a luxurious foot or hand treatment.

#### couples experiences

The two of you – and your choice of massage – all in the privacy of our Couple's Suite.

#### tranquil tides hydrotherapy experience

90 min. - \$350

Available Monday to Thursday only.

Let go and daydream. Take your couples massage to the next level of luxury. It begins with a hydrating bath soak for two to melt away stress and re-mineralize the body. It finishes with relaxing 60-minute side-by-side Choctaw Essential Massages.

#### rainshower cascade

90 min. - \$425

Available Monday to Thursday only.

Relax and indulge with the
60-minute side-by-side Choctaw
Essential Massage before taking
the journey into our cascading rain
shower. Experience a skin reviving
dry brushing, smoothing shea butter
exfoliation that awakens and hydrates
the skin. Wash away your cares under
the cascading shower for two.





on - the - go treatments

Available Monday to Thursday only

## burst of radiance

30 min. - \$75

When time is of the essence, this facial does it all: exfoliation, cleansing, hydrating mask and moisturizer.

#### targeted massage

30 min. - \$80

Experience an express treatment for the neck, back and shoulders customized to your needs.

#### manicure or pedicure on-the-go

45 min. - \$70

Touch up your nails and toes in no time with our on-the-go nail treatments. Includes cuticle maintenance, nail shaping and polish.

spa day packages

#### it's all about you

Available Monday to Thursday

105 min. - \$225

Go ahead. You deserve it. Take the day to de-stress, reconnect and take care of you with all four of our on-the-go 30-minute treatments! Includes Burst of Radiance facial, Targeted Massage and OTG Manicure and Pedicure. In-and-out, refreshed and ready to take on the world.

#### spa journey

285 min. - \$405

This ultimate stress reliever starts with our 90-minute Choctaw
Essential Massage to bring a sense of calm, followed by the Illumining
Body Peel that leaves your skin hydrated and soft to the touch.
Finish with our Blissful Manicure and Pedicure to complete your
journey of well-being.

# immersion spa day

225 min. - \$440

Sink into a deep sense of calm and balance from the inside out in our ultimate spa package that includes our Ayurvedic Abhyanga massage, Beauty Infusion Facial and Grandeur Manicure and Pedicure.

# massage, body and skin care enhancements

Add to any spa treatment to enhance your experience; options are performed within the allotted time of your booked treatment.

- Stone Sampler
- · Restoring Hair and Scalp Mask
- · Reviving Hand or Foot Treatment
- Under Eye Rescue
- 7-Minute Makeover
- Polishing Back Treatment
- Cupping





body treatments

Body treatments provide luxurious experiences that improve circulation and texture of the skin, reduce stress and allow for deeper absorption of hydration and antioxidants. Shaving is not recommended prior to body exfoliation treatments.

#### awaken

60 min. - \$140

Awaken your senses with our seasonal products that will exfoliate, hydrate and leave your skin looking vibrant. Experience a full-body exfoliation following hydrating skin therapy.

# illuminating body peel

90 min. - \$195

Drift off with our nutrient-rich body experience. This luxurious treatment leaves skin softer, smoother and deeply hydrated. Experience a full-body peel exfoliation, followed by a rejuvenating mask treatment and scalp massage that will leave your skin renewed and illuminated.

#### detox

90 min. - \$190

This detoxifying treatment begins with a dry brushing, followed by a warm, mineral-rich mask. Feel the warmness of ginger root and paprika as it increases blood flow and firms the surface. Completed with balance-restoring pressure point scalp massage to relieve muscle tension.

# deep sleep

90 min. - \$195

This deeply relaxing body ritual starts with a calming scalp and grounding foot massage. Enveloped in a warm, deep nourishing wrap to soothe away weariness, a deep sleep is promoted with a full, relaxing 60-minute Ayurvedic Abhyanga Essential massage, which eases tension and brings relief to an overstimulated mind.

waxing and threading

Glowing skin awaits with our hard-wax hair removal treatments. Many may be completed during a facial treatment.

| brow      | \$18 | back      | \$55  | underarm         | \$40  |
|-----------|------|-----------|-------|------------------|-------|
| lip, chin | \$18 | half arm  | \$45  | half leg         | \$65  |
| full face | \$50 | full arm  | \$55  | full leg         | \$80  |
| bikini    | \$45 | threading | \$20+ | brow & lash tint | \$20+ |



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Our facials encompass all aspects of innovative skin care, leaving your skin smooth, glowing and radiant. A professional, personalized skin care analysis and customized skin care program are provided with each treatment.

#### choctaw essential facial

60 min. - \$135

Our signature treatment that cleanses and exfoliates, leaving skin looking hydrated and luminous.

#### vita-d brightening facial treatment

60 min - \$175

This powerful treatment will resurface and remove dull and damaged skin layers while restoring balance to environmentally depleted skin. An infusion of topical Vitamins D and C will provide for a luminous, refined skin tone.

#### luxe age-defying facial

90 min. - \$185

This luxurious facial experience treats the face, neck and décolletage to restore depleted, damaged cells. A double mask application will detoxify and brighten to reveal smoother, more lifted, glowing and youthful skin.

# beauty infusion treatment

60 min - \$170

This customized facial restores vibrancy and skin texture while visibly minimizing the appearance of lines and dark spots. A pure sugar cane exfoliant will gently dissolve dry, discolored surface cells, allowing for the infusion of specially selected key superfoods, natural actives, probiotics and dry oils to restore hydration, brightness, clarity and your natural glow.

#### the bacial

90 min. - \$180

This unique experience is dedicated to those who just need to unwind. It's the facial that feels like a body treatment. The back is exfoliated, followed by a mask to deep clean congested pores. Complemented by an application of hydrating avocado, cardamom and bergamot oils to reduce muscular tension. A relaxing foot and ankle massage will decompress and ease tired, aching feet. This treatment finishes with a deep cleansing facial to remove impurities while fighting the signs of aging. Perfect for travelers or anyone who needs to relax.

#### fire and ice facial treatment

60 min. - \$135

A stimulating facial alternating between warm and cool for immediate radiance. Targeting aging, dull and sun-damaged skin, this treatment will instantly firm and smooth skin for a youthful glow.

#### detox facial

60 min. - \$135

This repair-focused facial will combat damage caused by pollutants and free radicals, leaving your skin plump, nourished and replenished while adding strength to aid against further free radical damage.

# calming recovery facial treatment

60 min. - \$135

This intensive-yet-gentle facial treatment for sensitive skin combines targeted exfoliation and hydration without irritation. Finished with an uplifting eye treatment designed to leave skin calm, rebalanced and refreshed.

#### skin care enhancements

Add any enhancement to any treatment to elevate your spa experience; options are performed within your treatment time.

- Double Mask Enhancement \$40
- Firming Neck and Décolleté Lift \$65
- Deluxe Lip and Eye \$45
- Microcurrent Facelift \$45

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# nail treatments

All manicuring and pedicuring treatments are complemented with nail shaping and cuticle care, with a fresh coat of polish in the color of your choice. We proudly use Dazzle Dry® and FarmHouse Fresh® – sustainable, nontoxic and humane brands. Kindly let your reservationist know if you are arriving with enhancements for removal.

#### essential

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manicure - 30 min. - $45
pedicure - 45 min. - $65
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The ultimate in hydration, this basic manicure and pedicure will address nail and cuticle care with a buff or polish of your choice.

#### blissful

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manicure - 30 min. - $55
pedicure - 45 min. - $70
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Treat yourself to a relaxing experience with this euphoric treatment featuring our seasonal products that smooth and hydrate. Hot towels, heel treatments, nail and cuticle care with a buff or polish of your choice.

#### grandeur

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manicure - 45 min. - $65
pedicure - 60 min. - $80
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Most impressive...relax and enjoy this splendid treatment of hot stone massage, foot and leg mask along with nail and cuticle care. Buff or polish of your choice is included.

# gel polish removal

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manicure - 25 min. - $30
pedicure - 25 min. - $30
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Shellac and other forms of gel polish are removed to restore natural nails. Various brands of gel polish and nail enhancements require significantly longer removal time. We are only able to remove select brands of gel polish based on time constraints; please let your reservationist know at time of booking.

# nail upgrades

- french polish \$25
- gel polish \$30





We welcome both men and women to experience total indulgence at our full-service salon to bring out the best version of you. A cut or style by one of our artisan stylists using iconic beauty and barber-inspired products is a fabulous addition to any day at the spa.

| Shampoo & Style         | \$45+  | Special Occasion Styling   | \$80+ |
|-------------------------|--------|----------------------------|-------|
| Shampoo & Thermal Style | \$60+  | Dry-Styling Men's Grooming | \$15+ |
| Shampoo, Cut & Style    | \$60+  | Men's Cut                  | \$40+ |
| Color                   | \$120+ | Beard and Mustache Trim    | \$20  |
| Highlights              | \$120+ | Color Camo (gray blending) | \$45  |
| Partial Highlights      | \$90+  | Close Razor Shave          | \$35  |
| Glossing                | \$60   |                            |       |

#### eyelash extensions

full set - 90 min. - \$150 maintenance - 60 min. - \$90

Enhance the length, thickness and color of eyelashes using lash extensions. A full set of lash extensions requires maintenance every three to four weeks.





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# spa features and amenities

The Spa at Choctaw welcomes you to take the journey into our 22,000-square-foot spa including two luxurious couples' suites; co-ed and separate men's and women's lounge with lockers, whirlpools and steam rooms; our co-ed oasis featuring our waterfall pool; fitness center; full-service Salon and a Spa boutique featuring our local-area artisans.

#### reservations

Reservations for Guests 18 and older can be made by calling 580.642.9410 or from the resort at extension 1920. We strongly recommend scheduling reservations in advance to ensure you receive your preferred treatment times. Spa treatments and prices are subject to change without notice. Spa reservations must be guaranteed with a valid credit card. Please be prepared with a valid ID at check-in.

Friday to Sunday and select holidays, certain packages and On-the-Go treatments are not available.

#### groups

The Spa at Choctaw Casino & Resort–Durant welcomes groups of five or more for reservations. We will be happy to host your occasion with custom packages to ensure your experience is a memorable one. Please contact group reservations at 580.642.9410.

# day passes

The purchase of a Spa Day Pass is based on availability, subject to restrictions during peak times. All-Day Spa Pass Guests must be 18 years of age or older. Day Pass access is \$35.00 Monday to Thursday and \$45.00 Friday to Sunday. Day Pass access for non-registered hotel Guests is \$45.00 per day.

Please note that due to volume, weekend Day Pass sales may have limited availability.

#### service charge

For your convenience, a 20% service charge will be added to each spa and salon service received. A portion of the service charge is also dispersed to the support staff who assisted in making your experience memorable. In appreciation to any staff for outstanding service, additional gratuities may be given at your discretion.

#### gift cards

Gift cards are available in any amount, and the perfect gift for anyone. All Choctaw Gift Cards are redeemable for spa treatments and in our retail boutique. Lost and stolen cards are non-replaceable. Cards may not be redeemed for cash.

#### cancellations

As a courtesy to all Spa Guests, cancellations must be made 24 hours in advance of your reservation (72 hours for groups of five or more) to avoid a cancellation fee to the card on file at time of booking.

#### return policy

Spa products, apparel and merchandise are non-returnable.

#### spa arrival and check-in

Please arrive a minimum of 15 minutes before your first scheduled treatment. The Spa suggests arriving 30 minutes prior to your first spa treatment to comfortably check in, relax and fully enjoy your spa experience. You may wish to shower, use the steam room, whirlpool or work out in our Fitness Center prior to your reservation. Please remember that your reservation time has been scheduled just for you, and if you arrive late, your treatment time may be shortened. Should this happen, we will do our best to accommodate you. However, out of respect to all other guest reservations, we cannot guarantee your full treatment.

The Spa, Salon and Fitness center are all non-smoking facilities (including vaporizers). Alcohol from outside The Spa is prohibited.

#### spa attire

The Spa provides robes, slippers and a private locker for your personal belongings. We encourage you to leave valuables and jewelry at home or in the safe box located in your hotel room. Toiletries are available within the spa area for your use.

If you plan to work out, please bring appropriate workout attire and footwear. Swimsuits may be worn in the whirlpool, steam room or during wet treatments. You may dress or undress to your level of comfort.

# spa etiquette

To ensure a memorable spa experience for all Guests, the use of cell phones and photography in The Spa is strictly prohibited.

#### health concerns

Please inform our staff when you make a reservation if you are pregnant, have high blood pressure, allergies or any other condition. Many treatments are available for the mother-to-be, and our professional staff will advise you on which treatments may or may not be appropriate. The Spa at Choctaw does not perform treatments within the first trimester of pregnancy.

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